CASTLEBAR PARISH NEWSLETTER

Website: www.castlebarparish.ie email: castlebarparish@gmail.com

Sunday Mass Times

Parish Church: 7pm (Sat.), 8.30am, 10.30am, 12pm Ballyheane Church: 8.00pm (Sat.) Breaffy Church: 10am, 11.30am

PRIEST ON CALL: Tel. 094 9021844



PARISH CHURCH

view online at churchtv.ie/castlebar

Parish Radio 105.3fm

Monday 25th July:

10.00am - Anna Maria Ahearne, Newline. Special Intention.

Pat & Maeve Duane, Station Road.

7.00pm - Eamonn Reynolds, St. Bridget's Crescent & Shrule. (M.M.)

Tuesday 26th July:

10.00am - Denis Walsh, Castlebar & dec. Walsh & King families.

Mary O'Brien, Kilmaine.

Wednesday 27th July:

8.00am - Private Intention.

10.00am - John Joe Deasy, brother Thomas & dad P.B. Deasy, St. Patrick's Avenue.

Paul Higgins, Galway & U.K. & dec. Higgins, Moher & Loftus families.

Thursday 28th July:

10.00am - Mary Kilgallon, Moneen.

Friday 29th July:

8.00am - Private Intention.

10.00am - Tony Leneghan, Chestnut Grove & Ballycroy.

Eugene O'Shea, Rathbawn Drive.

Saturday 30th July:

10.00am - Melissa Patterson, Hollow Grove.

Liam Kilcullen, Rathbawn Road.

7.00pm - Sabina Sweeney, St. Patrick's Avenue. (1st Anv.)

BALLYHEANE CHURCH

view online at churchtv.ie/ballyheane

Saturday 30th July: 8.00pm - Paul Donnelly, Lisnacurley.

Breege & Tom Fahy, Lisnaponra.

BREAFFY CHURCH

view online at churchtv.ie/breaffy

Sunday 31st July: 10.00am - Dec. Kelly & Forde families, Ireland & USA.

11.30am - Frank Campbell, Rocklands. (M.M.)

Rest in Peace

Lorna Juarez, Philippines, sister-in-law of Sean O'Sullivan, 60 Riverdale Court.

Michael (Scobie) Moran, 7 Riverdale Court.

Adrian Van Steen, Tawnycoolawee.

Rose Mongan, Rochdale, sister of Sadie Wearn, Turlough Road.

Michael Neary, Sarnaught.

Pat Flanagan, 15 Rathbawn Drive.

Eileen O'Boyle, Pontoon Road.

John Tonra, Ballymacragh.







Seventeenth Sunday in Ordinary Time Search and you will find

When it comes to prayer, it is often a question of finding what works for you. In recent times, many people have found prayer apps – such as 'Pray as You Go' – extremely helpful, because they allow for guided prayer at different moments of the day, even if you are on a bus or walking to work. They encourage us to make our whole day into prayer, and they can help us to connect with prayer even when we don't feel like praying or can't pray. We've all been there, so we can sympathise with the disciples' question to Jesus in today's gospel, 'Lord, teach us to pray'. It may surprise us to hear that Jesus gives them a very direct response – actual words in a formula to be recited. In Jesus' time there were many rabbis – teachers – who had certain prayers they expected their followers to say, almost as a mark of identity for their group. The Lord's Prayer is the prayer of the Jesus community, and it's our prayer too. It is perhaps the first prayer we learn as children and, in a moment of crisis, it is often the go-to prayer when all other words fail us.

After the Lord's Prayer, Jesus tells a story about a man whose friend goes to him at midnight requesting bread for an unexpected guest. It might appear to be a confusing story, but the parable teaches us to keep the needs of others in mind when we pray. In the early Church, and still today, this is seen as the work of the people of God. So, the first call is to prayer, and then to open that prayer out to the world.

(The Deep End)



Church of the Holy Rosary

Holy Hour - Every Sunday from 7pm to 8pm

Adoration of the Eucharist - Every Friday from 11am

Masses in the Cemeteries

Old Cemetery - 29th July at 7pm

Breaffy Cemetery - 5th August at 7pm **Ballyheane Cemetery** - 5th August at 7pm

Reek Sunday 2022

The annual Reek Sunday pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions on the summit from 7.30am - 2pm. Mass hourly from 8am - 2pm.

The HUB at Knock Shrine – Open July & August

The HUB at Knock Shrine offers a range of fun activities for children and young people visiting Knock Shrine. Family Day on 21st August - a day for families and children with a range of fun activities. Learn more about summer fun at the HUB at www.knockshrine.ie or tel. 094 93 75321.

Tuam Diocesan Pilgrimage to Lourdes – 24th August (5 nights) from Knock Airport Led by Archbishop Francis Duffy. For enquiries and bookings, please tel. Sheila on 086 8664633.

Free Online Living Well Programme

This 6-week programme will help you develop self-management skills and confidence to live well with your health conditions. Programmes commence on Mon. 5th Sept., Wed. 7th Sept. and Tues. 20th Sept. You must register in advance, tel. Liam on 087 3490393 or email at liam.gildea@mayocil.ie

Mayo Public Participation Network promote group events and activities taking place over the summer months. Email details of events to: mayoppn@mayococo.ie

Mayo COPD Support Group meeting on Thurs. 28th July at 3pm in Castlebar Tennis Club.

It's Cardiac Rehab – A podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. If you have had a cardiovascular event such as a heart attack, log onto https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/ for information and support.